



#1

#2

#3

## Does it meet my needs?

Personalized health and wellness services that meet my needs now and in the future

Personalized consultations designed to meet my goals

24-hour staff available

## How's the neighbourhood?

Central location close to shopping and amenities

We'll-served by public transit

Neighbours and groups with similar interests and values

Available parking

## What's included?

A suite layout that works for me

A kitchen or kitchenette

Plenty of natural light or a view

A patio or balcony

Utilities including electricity, heat and water

Telephone

Wifi

Cable

Housekeeping – weekly or daily service

Linen and towel laundry

Personal laundry

24-hour security

Transportation for personal appointment